



## THE PHILIPPINE NATIONAL RED CROSS

### National Headquarters

AusAID Update Report – December 2009

#### *Background*

RED CROSS 143 is a major thrust program to initiate, uphold and encourage the spirit of volunteerism at the smallest political unit in the country (*the barangay*) thereby delivering timely, effective and compassionate humanitarian assistance. Under this program, the PNRC will identify, recruit, organize, train and mobilize volunteers at the community level for immediate response during disasters and emergencies; and it will assist the barangay to strengthen the capacity of people in the community to handle and cope with disasters and emergencies through proper education and skills-training.

The end goal of the 143 program is that in every barangay should have approximately 44 Red Cross volunteers composed of one team lead and 43 members that will be trained in disaster preparedness and response, in health and welfare and will be blood donors, advocates and supporters of community-based voluntary blood donations.

The 143 volunteers will serve as the “eyes, ears, hands and feet” of the community for any disaster or emergencies that may occur in their barangays. The 143 volunteers will report to Red Cross, through available and convenient means of communication, initial information that of a disaster or any eventuality that may lead to a disaster so as proper response can be delivered. PNRC aims to have 44 volunteers in all the barangays of the country, which means around 1.8 million Red Cross 143 volunteers nationwide.

Red Cross 143 was formulated to strengthen disaster management capacity at the community level. It aims to assist communities to prepare, plan, predict and perform in the event of a disaster. The main concept of this program is to train community members and organize them into an operational and functional response team that is capable to address and provide immediate actions in times of crises.

The Philippine National Red Cross believes that communities without adequate knowledge on how to prepare and react during times of emergencies are most vulnerable to the hazards brought by disasters. Although government agencies and other organizations may have planned or prepared for impending calamities this is insufficient when the communities themselves lack the technical knowledge and skills to respond immediately to the hazards brought by a disaster. The impact of these hazards can be reduced or minimized through programs that are in line with strengthening the capacities of the communities.

Red Cross 143 aims to empower every barangays with basic life-saving skills and training. It aims to develop a network of trained Red Cross volunteers nationwide for rapid response and

mobilization in disasters including health emergencies. The end goal of the Red Cross 143 is to have a corps of trained volunteers in every cities, municipalities and barangays of the country.

The AusAID supported Red Cross 143 project aims specifically to improve the disaster management capacity of local communities in the six provinces [namely Bohol, Cavite, Iloilo, Laguna, Pampanga, Zamboanga del Sur] identified among the most vulnerable to geological and hydro-meteorological hazards. The project objectives highlights is to cover the Instructors Training Course for all PNRC Chapters; 143 Basic Orientation Course in the municipal and city level of the selected / target areas; and provision of emergency equipments that will provide the 143 volunteers with tools to respond in their respective areas.

### *Training of Volunteers*

The PNRC Volunteer Services together with the Disaster Management Services, Community Health and Nursing Services, Social Services, Blood Services, Safety Services and the International Humanitarian Law office formed the Technical Working Group that revised the training modules drafted last 2006. It was noted that the 2006 training modules includes subjects that are highly technical and will not be needed by the 143 volunteers. The 2008 Technical Working Group drafted the 2008 training modules that are being used in the 143 trainings. , to wit:

#### **A. Training Course for 143 Instructors (48 hours)**

- Module 1:** Course Orientation
- Module 2:** Red Cross Dissemination
- Module 3:** 143 Program Briefing
- Module 4:** Community Organizing
- Module 5:** Disaster Management
- Module 6:** Community Health & Nursing
- Module 7:** Safety Service
- Module 8:** Social Service
- Module 9:** Reporting
- Module 10:** Training Management
- Module 11:** Volunteer Management
- Module 12:** Service Delivery Report
- Module 13:** Practicum (Presentation)

#### **B. Training Course for 143 Basic Orientation (16 hours)**

- Module 1:** Red Cross Dissemination
- Module 2:** 143 Overview
- Module 3:** Responding to Emergencies

- Disaster Management
- Health Problems
- First Aid and Safety Guide

**Module 4:** Voluntary Blood Donation

**Module 5:** Stress and Coping Management

**Module 6:** Skills Evaluation and simulation

### **C. Training Course for the 143 Specialization**

#### ***C.1 Community Based Disaster Management Training (48 hours)***

**Module 1:** Barangay Disaster Action Team

**Module 2:** Disaster Awareness

**Module 3:** Disaster Management Concepts

**Module 4:** Emergency Services and Response

**Module 5:** Disaster Management Planning

**Module 6:** Community Organizing

**Module 7:** Community First Aid

**Module 8:** Team Building

**Module 9:** Evaluation and Assessment

#### ***C.2 Community Based Psychosocial Support Training (24 hours)***

**Module 1:** Introduction to Psychological Support

**Module 2:** Stress and Coping

**Module 3:** Supportive Communications

**Module 4:** Promoting Community Self Help

**Module 5:** Population with Special Needs

**Module 6:** Helping the Helpers

#### ***C.3 Community Health Training (48 hours)***

##### **Part 1: Home Nursing**

**Module 1:** Care of the sick and injured

**Module 2:** Mother and Baby Care

##### **Part 2: Basic Disaster Nursing**

**Module 1:** Red Cross Movement and the rights and duties of the medical personnel in international law

**Module 2:** Introduction to Philippine Disaster Vulnerabilities, its management and their connection to the climate change

**Module 3:** Health effects of Disaster and Health care services

**Module 4:** Disaster Nursing, nurse's role in disaster, and the nursing process in caring for disaster victims

**Module 5:** Overview of public health in emergencies, common communicable diseases, water sanitation and hygiene, food security, and nutrition in emergencies

**Module 6:** Psychological Impact of Disasters and Psychosocial support

**Module 7:** Management of Mass Casualties

**Module 8:** Standard Operating Procedure and Executive Orders

The revised training modules represent the courses that will provide the 143 volunteers the basic knowledge, skills and concepts in disaster preparedness and response and the understanding on how to report to pertinent information in the field that will allow PNRC to have a more truthful perspective of the situation. The modules also have been redesigned for individuals from the community level representing various sectors.

The project main components are the training of 143 volunteers of the following provinces: Bohol, Cavite, Iloilo, Laguna, Pampanga, and Zamboanga del Sur. AusAID will not support the recruitment and organization of the 143 volunteers in the target areas but rather its support will focus in training of the volunteers of the target provinces and provide the PNRC trained instructors for 143 and it specialization training in community based disaster management, community health and community psychosocial support.

Specialization trainings for Community Health and Psychosocial Support have already been conducted to wit:

#### **143 Specialization Training for Community Health**

Visayas Training	34 participants
Mindanao Training	26 participants
Norther Luzon Training	32 participants

#### **143 Specialization Training for Community based Psychosocial Support**

Luzon Training	43 participants
Visayas Training	19 participants
Mindanao Training	21 participants

For the first quarter of 2010, scheduled training will be Community Health for Southern Luzon and all the regional trainings for Community based Disaster Management. The schedule of the Community based Disaster Management last year were affected due to the recent typhoons (Typhoon Ondoy and Pepeng).

This year will also be the schedule of the Basic Training Course of the target provinces covering its respective cities and municipalities.

### *Cooperation with NDCC for the READY project*

With the signed agreement between the PNRC and NDCC for the synergy of IEC materials to be used in the field, NDCC already provided the PNRC the materials that will be reproduced in respect of the output of the READY project. It was also agreed that NDCC will provide a short course training to interpret the materials to be utilized by the trained 143 volunteers in the community. The training of the community by the volunteers will be part of the mobilization activities of the 143 volunteers of the Chapters.