



**Transcultural Psychosocial Organization Cambodia
Annual Progress Report [from March 2014 – Feb, 2015
Improving Mental Health for Survivor of Gender Based Violence**

1. Summary data

Grant Agreement #	66159
Name of organisation	Transcultural Psychosocial Organization Cambodia
Project title	Improving Mental Health for Survivors of Gender Based Violence, Sexual Assault
Project manager's name (& position)	Ms.Taing Sopheap, Research, Monitoring and Evaluation Coordinator
Location/s	Battambang
Total funding	AUD 184,219
Implementing partner/s	
Start date	March 2013
Finish date	February 2016

Narrative report

2. Summary of progress

2.1. Project overall objectives (as stated in final proposal accepted by DFAT)

Goal: To contribute to the promotion of gender equality and improving access to psychosocial service for survivors of gender-based violence (GBV) and sexual assault.

Overall Objectives:

- To increase capacity of 60 community resource people (CRP) in identifying, managing and referring survivors of GBV and sexual assault.
- To increase mental health and wellbeing for approximately 250-340 survivors of GBV and sexual assault in two communes of Banan district, Battambang province in 2013-2015.
- To strengthen a support network for survivors of GBV and sexual assault at the community level.

2.2. Activities

During this progress report, TPO has conducted several activities such

1. Undertake internal evaluation to the group who participate in baseline and received the treatment during the first year of the project to assess the accident of violence and change as the result of the treatment

2. Train community resource persons (CRPs) on mental health, basic psychological issues, GBV and train them on psychological support services for survivors of GBV and sexual assault.
3. Undertake awareness raising on basic mental health, psychosocial issue, gender, sexual assault.
4. Facilitate and form Self Help Groups for survivors of GBV and sexual assault and alcoholic who suffer from mental health and psychosocial problems.
5. Provide counselling service to survivors of gender based violence, sexual assault and alcoholic who suffer from mental health and psychosocial problem.
6. Integrate trained CRPs into existing network for supporting survivors of GBV and sexual assault.

2.3. Results achieved to date

Output

- 50 survivors who received treatment in the first year, participated in the one year follow up assessment, which was conducted by TPO's Monitoring officers.
- During this report period, TPO staff provided training to 23 newly selected trainee on basic mental health on how to identify sign of stress, depression. In this training, TPO also provide training on how to support survivors with psychological problem through relaxation, meditation.
- TPO' project staff also provided on going technical support to 20 trained CRPs who received the training from the start of the project.
- During this period, TPO trained CRPs had provided emotional support to 215 GBV survivors, helping them to recognize signs and symptoms, teaching them strategy to cope with symptoms and to manage anger.
- TPO staff with the collaboration of trained CRPs has established 13- Self-Help Groups (12 SHGs were for women, 1 SHG was for men). So the total of SHG members during report period is 135 SHG members but there are about 34 SHG members dropped during the intervention (95 are women and 6 are men). Most of them experienced of physical and emotional abused by their spouse.
- During this period, TPO staffs provide counselling service to 29 clients (23 are women, 6 are men) who are survivors of GBV and alcohol men and about 14 clients (13 are women and only one man) receive on going counselling support. Amongst these clients who received counselling service from TPO staff, 60% of counselling members were referred by trained CRPs, 17.5% were voluntarily seek help after receiving information from the psycho-education session and 22.5% were referred by other NGOs, and local authority.
- Approx. 1,031 community members (776 are women and 255 are men) include survivors of violence, and alcoholic men, disability person, vulnerable group such as children at risk and female head of house.

Outcome

- Trained CRPS has increased number of survivors who received the emotional support from 84 to 215 during the project periods.
- Two trained community resource person has participated in the meeting at the district level to share about the issued of GBV survivors and what are their role in contribution to reduce incidents of violence in their community in related to mental health issue.
- All of SHG members (figure. 1) and counselling members (figure. 2) showed a significant improvement their mental health status. They have reported the reduction of the incident of domestic violence within their family (Figure3)

Figure 1& Figure 2 (0= Not at all bother 5= Extremely bother)

- One year follow up result with 50 clients who participate in baseline and received the treatment during the first year of the project (table 1 and table 2)

Figure1: Improvement of psychological wellbeing for Self Help Groups members

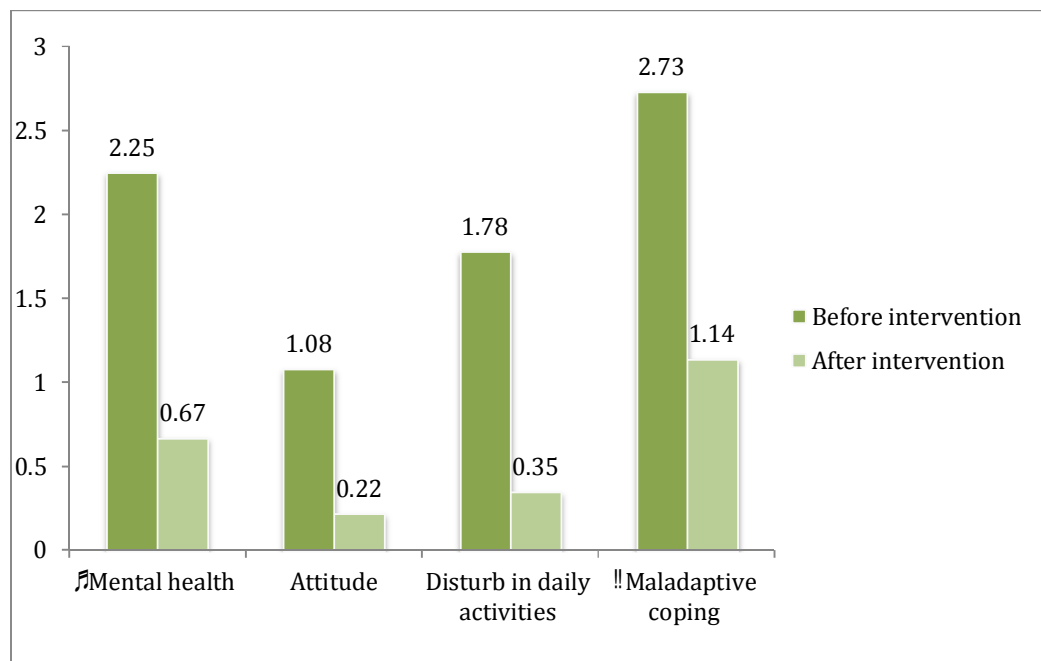


Figure 2: Improvement of psychological welling for counselling clients

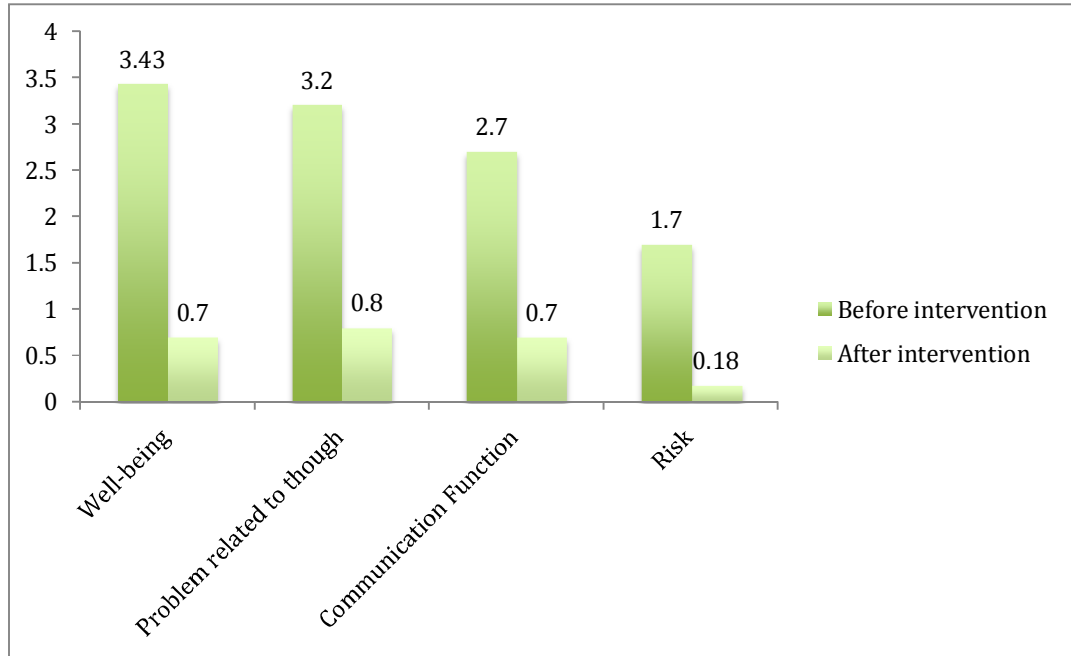
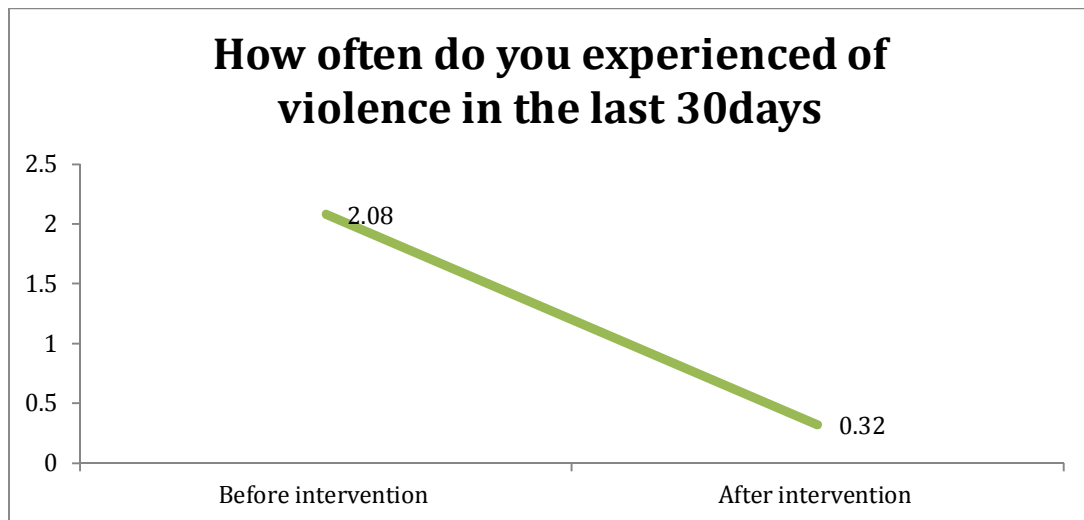


Figure3: Reduction of violence



(0= Never experience of violence, 4= Every experience of violence)

Table 1: The improvement of 4 indicators in gender-based violence for 50 clients who received treatment in first year.

	Time	Physical Abuse	Sexual Abuse	Emotional Abuse	Economic Abuse
Treatment Participant N=50	(Baseline)	31 (62%)	13 (26%)	48 (96%)	26 (52%)
	(1 Year later)	8 (16%)	5 (10%)	31 (62%)	15 (30%)

Table 2: Reduction of percentages of clients meeting criteria for PTSD, anxiety and depression.

Cut-off	Baseline/Time1			One Year Follow up/Time2		
	PTSD (>44)	Anxiety (>=1.75)	Depression (>=1.75)	PTSD (>44)	Anxiety (>=1.75)	Depression (>=1.75)
Treatment	31 (67.4%)	39 (78.0%)	33 (66.0%)	11 (33.3%)	30 (60.0%)	24 (48%)

2.4. Progress

In overall, during this report period, TPO has implemented the project activity is completed follow the proposed plan activity.

3. Changes and reasons for changes

TPO does not change anything during this report period.

4. Disaggregation of data by women and people with disabilities

- There is only 9 people with physical disabilities to attend the awareness raising.
- During this report period, 917 women who directly getting services from TPO such as (23) training, (95 self help groups (SHG), (23) counselling and (776 women) awareness raising service.
- During this period, there is one woman who is the trained community resource people to participate in any form of decision-making. She had build her self-confident, TPO has integrated our trained community resource in the other meeting such commune meeting, network meeting.

5. Lessons learned (challenges/difficulties and strategies for management)

- To work with alcoholic men are really difficult to involve them in the group or individual treatment because they often are not available and they are shame to participate. So TPO has collaborated with trained e CRPs and local authorities more through continue building capacity of CRPs to be able to deal with this issues.
- The direct beneficiaries are also busy with farming, so they also not able to attend the self help group. TPO staffs are more flexible to facilitate this group. The group member does

not need to have full attendant (10participants/group). So TPO staff is able to facilitate by 5 SHGs members, and the other SHG members is able to get individual counselling service from TPO staff.

- Extreme poverty of the target area made it difficult for psychosocial intervention alone to be success. Recently TPO has cooperated with Friend International to look for funding to support family members who are better fro psychological problem. TPO plan to provide kindly livelihood support to targeted family.

6. Australian government promotion

TPO Cambodia promotes Australian Government funding through using Australian Government logo on the cover of booklets, leaflets, T-shirt, banner for running the workshop and training to relevant stakeholders such government staff, NGO partners and community resource person. Beside that TPO HQ has included the Australian Government logo on the donor board and TPO is going to publish the annual report with the Australian Government logo.

At the community level, TPO staff has posted the mental health posters with the Australian Government logo at the community center where most people can reach.

Photos activities



Figure 1: Ms. Hat Hang-Trained CRP provided emotional support to other survivor in the CCWC meeting



Figure 2: Trained CRPs conducting the awareness raising on psychosocial problem

Financial acquittal (Annex A) – (refer to file in MS Excel format)

- 7. Insert spread sheet or table** used in final version of budget accepted by DFAT for project proposal and acquit expenditure-to-date against those line items
- 8. Contributions/income received from other sources or generated by project**
- 9. Copies of receipts attached for line items over \$500**
- 10. Signature and statement** (as in guideline)

"I declare that I have read the information supplied in this report and it is true and correct and all activities and expenditure were as agreed and reported".

Signature

Dr.Sotheara CHHIM